



REGINA DOMINICAN

THE COLLEGE PREPARATORY CATHOLIC SCHOOL FOR WOMEN

(02.17.05)

Regina Dominican to observe season of prayer, fasting, alms-giving

The traditional Lenten practices of prayer, fasting, and alms-giving will be very much in evidence at Regina Dominican this year, as the Campus Ministry office offers a wide range of opportunities for the school community to draw closer to God and to their neighbors. These disciplines, "when embraced freely, become vehicles for self-discovery," explained Mr. Douglas Gleber, campus minister. "Embraced passionately, they enable us to become whole and holy. They help us to become the people God has always called us to be."

A special practice of prayer began on Ash Wednesday with a special Liturgy, but prayer will continue as a key component throughout Lent. Every morning before school, all interested members of the school community are invited to gather in the Student Entrance in front of a special Lenten cross for a brief but reflective prayer service. In addition, the Sacrament of Reconciliation was available to students during lunch periods on Thursday, February 17.

Students are encouraged to take part in Catholic Relief Services' 24-hour hunger awareness program. The 24-hour Food Fast/Lock-In has been set for Thursday to Friday, February 17-18 at the school. Students will learn about the causes of hunger and poverty throughout the world. At other times, students will be invited to Room 113, the small auditorium, for a free bowl of soup and interesting conversation, led by members of the school's Amnesty International Chapter.

Two special opportunities for giving will also be offered. During "Penny Wars," the week of February 22-25, each class will be collecting loose change – preferably pennies – that will go towards the Leukemia and Lymphoma Society. Donations will be made in the name of Carolyn Shepard, a member of the Class of 2003 who died of leukemia about a month after her graduation. From Monday, February 28 through Friday, March 11, Campus Ministry will collect canned soups, stews and meats to benefit the elderly clients of Marillac House, a social service agency in Chicago.