

1: Start out going NORTH on LOCUST RD toward HAWTHORNE LN.	0.1 miles
2: Turn LEFT onto LAKE AVE.	0.9 miles
3: Merge onto I-94 E.	11.2 miles
4: Take the KIMBALL AVE/3400 W exit- EXIT 45B.	0.1 miles
5: Turn SLIGHT RIGHT onto N KIMBALL AVE.	0.5 miles
6: Turn LEFT onto N MILWAUKEE AVE.	0.3 miles
7: Turn RIGHT onto N KEDZIE AVE.	3.5 miles
8: Turn RIGHT onto W ADAMS ST.	<0.1 miles
9: End at 3250 W Adams St Chicago IL	

Total Est. Distance: 17.00 miles

GYM IS LOCATED ON THE SECOND FLOOR